

SEMINAR

July 14th and 15th, 2012

CAPITAL AIKIKAI, SYRACUSE, NY

Featuring

Terry Leonard, 4th Dan, & Jack Smith 3rd Dan



Jack Smith Sensei



Terry Leonard Sensei

Terry Leonard Sensei is the chief instructor of “Harvard Aikikai”, in Harvard, ILL and **Jack Smith Sensei** is the chief instructor of “Aikido of McHenry”, in McHenry, ILL. Both men are long time students of Akira Tohei Sensei. Together Terry and Jack bring over five decades of diligent training and dedication to the art of Aikido. Please join us for a great training experience!

Registration: Saturday 6/14/12 10 a.m.
Sunday 6/15/12 9 a.m.

Cost: \$50 Saturday only
\$40 Sunday only
\$65 Both Days

Saturday Class

12:00 a.m. - 2:00 p.m.
2:30p.m. - 4:30 p.m.

Sunday Class

10:00 a.m. - 1:00 p.m.

Capital Aikikai, Syracuse NY
5869 Fisher Road, Building 3, Suite, C, East Syracuse, New York 13057
Chief Instructor: Bob Poresky (315) 559-5061

Directions to Dojo

Route 90 Thruway -- coming from Buffalo/ Rochester

Exit 39 to 690 East

Exit Bridge Street / East Syracuse – left off of ramp toward East Syracuse for 1.6 miles – Turn right onto Fisher Road (Mobile/Byrne Dairy on corner) for .2 miles -- Turn into driveway at the third building (Brown) on left (5869) – Dojo is the third building, third door.

Route 90 Thruway -- coming from Albany

Exit 34A to 481 South

Exit 690 West

Exit Bridge Street / East Syracuse – left off of ramp toward East Syracuse for 1.6 miles – Turn right onto Fisher Road (Mobile/Byrne Dairy on corner) for .2 miles -- Turn into driveway at the third building (Brown) on left (5869) – Dojo is the third building, third door.

Route 81 – traveling north – coming from Binghamton / Cortland

Exit 481 North (Jamesville/Dewitt)

Exit 690 West (left lane)

Exit Bridge Street / East Syracuse – left off of ramp toward East Syracuse for 1.6 miles – Turn right onto Fisher Road (Mobile/Byrne Dairy on corner) for .2 miles -- Turn into driveway at the third building (Brown) on left (5869) – Dojo is the third building, third door.

Route 81 – traveling South – coming from Syracuse Airport

Exit 690 East

Exit Bridge Street / East Syracuse – left off of ramp toward East Syracuse for 1.6 miles – Turn right onto Fisher Road (Mobile/Byrne Dairy on corner) for .2 miles -- Turn into driveway at the third building (Brown) on left (5869) – Dojo is the third building, third door.